



“Legacy is the outcome of the foundation we build upon our values, our purpose and our work. But our lasting legacy will not be carved in a monument of stone that sits above our final resting place. Instead, the testimony of our lives will be inextricably woven through the fabric of the lives of those who have known us.” Jeff Patnaude

Your Legacy

Transformational Leadership PART 2

- *You have completed Part One...*
- *You have formulated a Values, Purpose, Work Statement ...*
- *You have written yourself a letter that reminded you, six months later, of who you were becoming and why you are here...*
- *You were challenged to work toward the transformational qualities of being individually considerate, intellectually stimulating, inspiring and motivating and last of all, the ideal influence for all of those around you.*

These factors make the greatest contribution toward changing lives and transforming organizations from the influence of those who **“walk the way” of the Ideal Leader.**

Now, as Part One fades in memory, this may be the time to continue the journey by investigating the **key elements** that will make **the greatest difference in the memory of YOU:**

- **The Wisdom that flows through you and...**
- **The Flow of the your life circles that has come through wise choices.**

When others speak of you... currently, would these qualities be said of you?

As a **Two Day** program, participants are briefly refreshed in the key points of the first course and then are introduced to two remarkable instruments for **examining TWO NEW QUESTIONS:**

- **What is the quality of your judgment?**
- **Is your life a Seamless Flow of Self-Care, Personal Relationships and Work?**

You are invited to participate in a continuation of the transformative process, renewing yourself in mind, body and spirit in the same fashion as your original experience and furthering the work that will be “how you made a difference.”

INSTRUMENT ONE: The Judgment Index

The *Judgment Index*™ provides **real, quantifiable** insight into judgment and decision-making capacities. As a scientific, mathematical and logically based assessment tool, it provides a unique perspective on measuring judgment.

The **Judgment Index**™ specifically measures judgment strength in over **seventy** indicators, including:

- Decision making Ability and Style
- Work Ethic and Reliability
- Ability to accurately Follow Directions
- Focus and Concentration
- Morale and Positive Attitude
- Trainability
- Ability to deal with change
- Trustworthiness
- Stress Coping Skills
- Assertiveness and Conflict Avoidance
- Resiliency/Strong Judgment under Stress
- Insight and Noticing Sensitivity

The instrument is taken two weeks prior to the seminar to provide adequate time for a written report to be ready for the seminar and the coaching that follows.

INSTRUMENT TWO: The Flow Scales – Living a Seamless Life

Most would agree that “flow” or “the zone” is a great experience for maximum energy output, creativity and connecting with others but how can we learn to encourage this state as the norm, rather than the exception?

The **Flow Scales** assess the optimal psychological experience of **flow**—an experience involving total absorption in the task at hand. When in *flow*, one acts with confidence and ease, and usually at superior levels of performance. The **Flow Scales** have been used in a wide range of performance domains such as: sports, music, art, work, free time activities and hobbies and learning settings. By determining where you are on the **Scales**, the participant begins to change the contributing factors for encouraging more frequent experiences of flow and a maximum life experience.

Tuition Fee: \$2,900 – includes instruments

This offering is **ONLY** for graduates of The Golden Apple Center for Inner Excellence foundational program,
Developing the Transformational Leader.



Golden Apple
Center for Inner Excellence

Are you ready to move from Ordinary to Extraordinary?

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