

The Executive Coaching Triad[®]

"In this internet economy where the fast beat the slow, it is important to balance our professional and personal lives. Jeff Patnaude's work reminds us how to find balance in a work where the pace of change is extremely fast."

John Chambers, Chairman of the Board, Cisco Systems

"Through Jeff and his Executive Coaching process, I have personally grown and have become more reflective. His process taught me to be more sensitive to the needs of my staff and to become a better leader. I have become more patient and better appreciate the diversity in people and the need to say thank you more often. Thank you Jeff."

*Brian Cooper,
Vice President of Quality,
Takata Inc.*

"I've been through a lot of training in the past and this has been the most profound and useful process that I've experienced. It has not only helped me professionally but it has dramatically impacted me at the personal level."

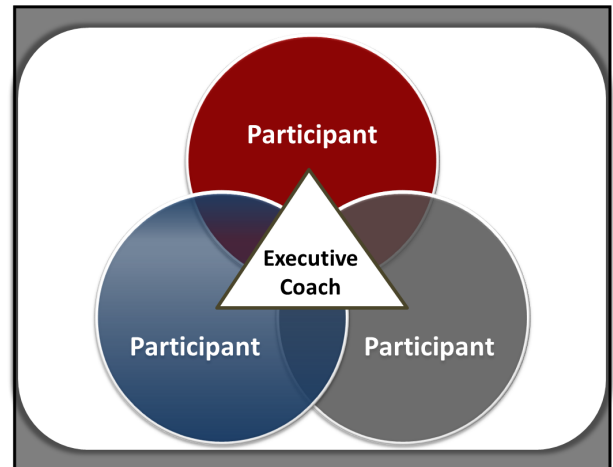
*Chris Coleman, CEO,
Lookingglass Inc.*

Unparalleled features of this offering:

INCREASE number of Participants – DECREASE amount of Cost

Practical and cost-effective approach to offer Executive Coaching in the following format with the visionary goal of developing emerging leadership within the constraints of annual budgets.

**24 hours over
7 months dedicated
to your personal
and professional
development**



Month One: Hours 1-2: **Virtual format** – two separate hours in the first month in Triad.

Month Two: Hours 3-17: **In person** at The Golden Apple Center for Inner Excellence in Warrenton, Virginia (3 Triads in attendance). 16 of the 24 hours of process are held at Jeff Patnaude's mountain top executive conference center.



With THREE Triads in residence from varying organizations or the same company, Patnaude and his associates lead the group of nine through a deep examination of the practices of transformational leadership in a two day seminar, where the process unfolds in an unstructured setting, offering the farm conference home cooking, long walks and mountain fresh air just 50 miles from The White House in Washington, D.C.

Months Three and Four: Hours 18-21. **Virtual Format:** Strategic Planning (3 hours) with Goal Setting (1 hour)

Months Five through Seven: Hours 22-24. **Virtual Format:** 30, 60 and 90 Day Check-in, (1 hour each)



“Jeff’s process changed my life both professionally and personally. We covered tremendous territory about ourselves, my relationships and my purpose, values and goals as a leader. I was provided with real, workable solutions and methods on how to become better at what I do, achieve better balance in all aspects of my life, and become a leader who truly makes a difference.”

*Jennifer Seay-President,
Century Marketing &
Communications, Inc.*

In working with Jeff Patnaude, he unlocks your inner self to be able to recognize who you really are as a person. You are able to understand and make human connections in the most real and sincere sense of communicating. You learn how you best communicate and connect as well as discover ways to tremendously enhance your ability to coach, mentor and work with people. The Transformational Leadership approach significantly changes even the most seasoned and experienced leaders in how they lead, communicate, and connect with people.”

*Greg Gall, Director,
Cisco Systems*

A PROCESS not a PROGRAM

Posing the 3 questions of **WHY** are you here? **HOW** can you create a powerful and impactful presence for those whom you represent – and **WHAT** will be the successful outcome of your work are just some of the important questions considered.

Each process is designed and tailored according to specific need.

What can be included:

- Top 5 Value indicator
- **Purpose Index** for determining a personal purpose statement and clarity of direction
- **Myers Briggs Type Inventory** – (MBTI) Form Q for a deep dive into personal preference
- **Multi-factor Leadership Questionnaire** for measuring 4 management styles, 4 Transformational Leadership Styles and 3 work climate factors.
- Keys to the Practice of Mindfulness
- **A Work/Life Flow assessment** and goal setting
- Learning to coach others according to the new neuroscience and MBTI
- Strategic Visioning according to the 3 part process with solution orientation
- Making Professional presentations and how to include ALL of the audience
- Quality listening components for enhancing the Number One leadership skill
- The Art of Mentoring and utilization of Habits of Heroes ©

With 30 years of experience and having coached tens of thousands of business leaders, Patnaude is a leading expert in leading individuals through a process that consistently proves to be transformational.

All- inclusive program fee: \$6,000 per person (\$250.00 per hour)
(Participant travel/ lodging not included.) Triads are required.

For information on individual programs, visit www.patnaude.com

*For more information, contact Jeff@patnaude.com
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